

Valley



On Life's Terms
by JOELLEN COLLINS



1974 2002



Express photo by Willy Cook

COMCAST CORP. PRESIDENT AND CEO BRIAN ROBERTS confers with others during the 21st Annual Allen & Co. Conference in Sun Valley last week. He declined to tell the media his plans for the future.

Media titans deal behind scenes at Allen & Co.

By GREGORY FOLEY

Express Staff Writer

There were gatherings in plush conference rooms, outings in the hot summer sun, and a bounty of gossip. But, as the 21st annual Allen & Co. conference came to a close Saturday night, there was no open talk of an earth-shattering corporate deal or merger.

Yet, for the organizers of the five-day event at Sun Valley Resort, the clandestine gathering seemingly succeeded once again in its main charge: forging relationships among the world's most pow-

erful media and technology executives.

"It's a remarkable group," Utah Gov. Mike Leavitt said. "It's an education at its highest level. You have a chance to meet and talk in small groups and build relationships with people who make the world work."

Joined at the conference by Idaho Gov. Dirk Kempthorne, Leavitt and a handful of other political figures rounded out the group of approximately 550 guests invited to Sun Valley by New York City-based investment banker Herb Allen.

The guest list this year, as

in the past, was a "Who's Who" of the world of business and communications. The group of familiar faces included Microsoft Corp. founder Bill Gates, Walt Disney CEO Michael Eisner, Nike CEO Philip Knight, and television journalists Tom Brokaw and Diane Sawyer.

The event kicked off Tuesday and concluded Saturday after an evening ice show at Sun Valley Lodge featuring 2002 Olympic bronze medalist Timothy Goebel. Saturday night and Sunday, dozens of private jets parked at Friedman Memorial Airport in Hai-

ley started an unusually steady stream of departures for Hollywood, Silicon Valley and the environs of Wall Street.

Conference guests—about half of whom were family members of the corporate moguls—typically convened in the morning and played in the afternoon. Activities for the guests and their relatives included whitewater rafting, hay rides, fly fishing, golf and tennis.

On more than one occasion during the conference, Wally Huffman, general manager of

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Media moguls play, paddle and prognosticate

By SETH SUTEL

AP Business Writer

SUN VALLEY, Idaho— One week every year this quiet mountain village in the Idaho mountains turns into the hotspot of the media world.

Dozens of media heavyweights are gathering for the 21st annual retreat organized by Allen & Co., a blue-chip investment bank.

It's a place to relax, enjoy some outdoor activities and talk about business. Many top media CEOs are here, as are Bill Gates, investor Warren Buffett and former Sen. Bill Bradley.

Things get going early, with breakfast at 6:30 a.m. followed by panel discussions and presentations from companies such as Viacom, Wal-Mart and Yahoo. The afternoons are left free for horseback riding, fly-fishing and other outdoor pursuits. Kids keep themselves amused with juggling shows and the like.

Some vignettes from Sun Valley:

QVC done, Universal next

Poor Brian Roberts. For the Comcast Corp. chief, cutting a \$7.9 billion deal just a few days ago doesn't seem to be enough to make his giant cable company the Talk of the Town.

Comcast agreed July 3 to sell its stake in the QVC shopping channel, a decidedly un-sexy but very profitable media property, to media magnate John Malone, chairman of Liberty Media.

Yet a major topic at Sun Valley continued to be the ongoing auction of the Universal entertainment assets by Vivendi Universal.

Roberts said the QVC deal has "transformed" his company, allowing it greater flexibility to pursue projects such as high-speed Internet access or developing new programming.

So what are his plans, now that he has money to spend and moguls aplenty to talk deals with? With a smile, Roberts deferred. "It's only

See MOGULS on page B3

Bipolar disorder struggle unveils lessons for treatment, aid

By BARBARA PERKINS

Special to the Mountain Express

"He was born, literally, smiling," said his mother as she spread out a multitude of family photos all displaying the deep dimples that were familiar to all who knew Tim Pollock as he grew up in the Wood River Valley.

Part I: The Last Battle

That trademark smile dimmed a bit in 2001 when Tim was diagnosed at age 24 with bipolar disorder and then flickered out forever when the torment of the disease overpowered him so that he took his life on June 3.

How could this happen to such a happy-go-lucky, Christian young man of a supportive, loving family with a

job he loved as a software engineer? What pit of depression could be too deep for such a life-loving, enthusiastic man to escape?

Severe mental illness is a disease of the brain, a chemical imbalance that can kill as surely as a cancerous tumor can kill if it's not diagnosed early and treated aggressively with medication and education.

Even then, as with cancer, there is no promise of success.

Bipolar disorder affects 2.3 million adult Americans or 1.2 percent of the population, according to the National Alliance for the Mentally Ill or NAMI. The disease, also called manic depression, knows no bounds economically, racially or in gender.

Tim's Story

Growing up, Tim was a normal, if not exceptional, child.

The family moved to Hailey from Casper, Wyo., in 1981 when his father, Randy, joined Power Engineers. Along with his two older brothers, Josh and Ben, Tim was schooled at home by his mother, Sheila, until he entered Wood River Junior High School and later Wood River High School. He changed high schools when he accompanied his mother to Caldwell where she attended Albertson College of Idaho. Tim graduated valedictorian of his class with a perfect 4.0 grade point average from Caldwell High School in 1995.

See BIPOLAR on page B6



Courtesy photo

TIM POLLOCK

NEWS OF RECORD

MARRIAGE LICENSES

3 July- Justin Starr Olsen, 23, and Erin Denice Hendrix, 24, both of Ketchum.
3 July- Ryan Kramer Ellis, 31, of Hailey, and Temple Ann Turner, 33, of Houston, Texas.
3 July- Michael Anthony Gowe and Michele Colette Kearney, both of Ketchum.
7 July- Jurg Bonnorsky, 38, and Terry Ann Tangen, 35, both of Seattle, Wash.
7 July- Lee Brent Bellon, 26, and Jackie Lyn Thornton, 25, both of Hailey.
7 July- David Richard Fortner, 35, and Kimberley Breckenridge Gregg, 32, both of Berkeley, Calif.
7 July- Jonathan Wilson Crockett Mills, 28, of Hailey, and Janet Lynn Strauss, 29, of Los Angeles, Calif..
8 July- Brian Lamar South, 29, of Charlotte, N.C., and Danielle Marie Richter, 29, of Ketchum.

DIVORCE FILINGS

27 June- John Flood vs. Tamara Flood.
3 July - Jennifer Dawn Weubker vs. Michael Weubker.
3 July - Pamela Pacheco vs. Joseph A. Pacheco.
7 July - Vicky Marie Romero vs. Marco Alfonso Romero.
7 July - Kevin C. Ware vs. Isabelle F. Carriey.
8 July - Mary Ann Weubker vs. Douglas William Weston.

CIVIL FILINGS

27 June- Action Collection Services, Inc. vs. Phillippe LaLanne. For money owed Mountain Medical Associates, Grumpy's, Inc., and Wood River ENT.
27 June- Wells Fargo Bank Northwest vs. Dawn McNutt. For Breach of Contract.
27 June- Statewide Collections, Inc. vs. Salvador and Maria R. Ruiz. For money owed Frank Fiaschetti, M.D.
27 June- Statewide Collections, Inc. vs. Herb and Rebecca Louise Austin. For money owed Anesthesia Associates and Mr. Steam.
27 June- Statewide Collections, Inc. vs. Pam Peryman, M.D. For money owed MV Oral Surgery.
30 June - In the matter of the estate of Janet C. Bailey Gripne, deceased. Appointment of Michael Chatterton as Personal Representative to act without bond in accordance with the deceased Last Will and Testament.
1 July- Idaho Department of Health & Welfare vs. Ty R. Wilson and Riannon E. Schaeffer. For the establishment and division of child support.
3 July - Mary C. Gibson vs. Thomas Sean Jordahl. Complaint to renew/re-verse judgment in which the principal sum of \$73,450 remains due.
7 July - Taft Design Works, Inc. vs. Snake River Glass, Inc. For violation of Agreement to build window frames.

8 July - Victor L. Forgeon vs. Michael O'Hara. For violation of oral rental agreement and recovery of premises.
8 July - Credit Bureau of Twin Falls, Inc. vs. Tyler Peterson. For money owed Hailey Eye Center.
8 July - Credit Bureau of Twin Falls, Inc. vs. James S. and Kellie Morrison. For money owed J. W. Ippolito, M.D.
9 July - Jose Gonzalez vs. Felix and Carla Gonzalez and Does 1-10. For the sale of contested property and division of proceeds according to respective shares owned.

CIVIL DISPOSITIONS

3 July - Blaine County Collectors vs. Joel Ulyyott. For money owed Blaine County Ambulance. Default judgment against the defendant in the amount of \$757.52, court costs \$86.80, and attorney's fees \$300.

CRIMINAL DISPOSITIONS

29 May- Levi R. Morton, 17, of Ketchum. For alcohol beverage—purchase, consume, possess by minor, a misdemeanor. Fined \$1000 suspended; probation one year.
1 July- Javier Vargas-Hurtado, 29, of Bellevue. For DUI, a misdemeanor. Fined \$1,000 with \$500 suspended and court costs \$78.50; jail 180 days with 178 days suspended; probation two years; driver's license suspended 120 days. For a charge of unlawful transport/open container of alcohol, a misdemeanor. Driver's license suspended 120 days.
1 July- Justin Troy Krien, 24, of Ketchum. For possession of controlled substance, a misdemeanor. Fined \$300 with \$100 suspended and court costs \$168.50; jail 90 days suspended; probation three months; obtain a substance abuse evaluation within 90 days. For a charge of failure to purchase or invalid driver's license, a misdemeanor. Fined \$132.
1 July- David P. Bergerson, 19, of Hailey. For alcohol beverage—purchase, consume, possess by minor, a misdemeanor. Fined \$1,000 with \$800 suspended and court costs \$63.50; probation 12 months; driver's license suspended 365 days.
1 July- Kelly J. Heindell, 14, of Bellevue. For alcoholic beverage—possess, consume, purchase by minor, a misdemeanor. Fined \$1,000 with \$950 suspended and court costs \$63.50; probation 12 months; driver's license suspended 365 days; continue counseling with Ms. Reyne.
2 July- Randy E. Trahan, 47, of Bellevue. For DUI, a misdemeanor. Fined \$1,000 with \$650 suspended and court costs \$78.50; jail 180 days with 177

days suspended and ordered to serve sheriff's work program three days in lieu of jail; probation 18 months; community service 24 hours; driver's license suspended 120 days; court alcohol school.
3 July- Brandon Neal Young, 39, of Boise, Idaho. For petit theft, a misdemeanor. Fined \$1,000 suspended and court costs \$63.50; jail 365 days with 358 days suspended and credit for two days served; probation two years; restitution due victims \$75.
7 July- Pedro Celestino Fernandez-Perez, 24, of Shoshone, Idaho. For driving without privileges, a misdemeanor. Fined \$500 with \$350 suspended and court costs \$78.50; jail 90 days with 88 days suspended and credit for two days served; probation two years; driver's license suspended six months.
7 July- Casey Joe Lane, 21, of Hailey. For alcohol beverage—purchase, consume, possess by minor, a misdemeanor. Fined \$936.50 with \$600 suspended and court costs \$168.50; probation three months; driver's license suspended 90 days; attend and complete 12 week Walker Center program.
7 July- Allison P. Blodgett, 34, of Ketchum. For disturbing the peace, a misdemeanor. Fined \$300 with \$150 suspended and court costs \$98.50; jail 90 days suspended; probation one month; attend and complete Project Respect outpatient program.
7 July- Tiffany A. Pelton, 19, of Wendell, Idaho. For drug paraphernalia—use or possess with intent to use, a misdemeanor. Fined \$150 and court costs \$63.50.
7 July- Marco Antonio Fajardo-Ponce, 33, of Ketchum. For DUI, a misdemeanor. Fined \$1,000 with \$491 suspended and court costs \$78.50; jail 180 days with 176 days suspended and credit for four days served; probation two years; driver's license suspended 120 days; attend and complete court alcohol school, if returns.
7 July- Rustyn A. Lowe, 35, of Emmett, Idaho. For gross allowable weight violation, a misdemeanor. Fined \$725 and court costs \$63.50.
8 July- Beverly C. Boyer, 57, of Hagerman, Idaho. For DUI, a felony. Disposition withheld.

BIRTHS

Emma Jo Pietsch
 A girl, 7 lb. 14 oz, born July 1, 2003, to Heidi and Richard Pietsch of Hailey, at St. Luke's Wood River Medical Center.
Rosario Barriga
 A girl, 6 lb. 6 oz., born July 2, 2003, to Ludivina Chavez and Jose Jesus Barriga of Bellevue, at St. Luke's Wood River Medical Center.
Gavin Dean Rutherford
 A boy, 7 lb. 10 oz., born July 3, 2003, to Dominique and Dean Rutherford of Hailey, at home.
Ava Bella Rose Eckles
 A girl, 7 lb. 4 oz., born July 5, 2003, to Tiffany Eckles of Jerome, Idaho, at St. Luke's Wood River Medical Center.

PUBLIC NOTICE SUMMARY

See the full text of all public notices in the Idaho Mountain Express, the paid newspaper, available from vending machines or by subscription. Call 726-8060.

- Notice of Trustee's Sale Oct. 21, 2003 at 10:00 a.m. at Sun Valley Title in Ketchum of property known as 610 Poplar St., Bellevue.
- Notice of Trustee's Sale 10:00 a.m., Oct. 9, in the Office of First American Title Co. in Ketchum of property known as 19541 US Hwy 20, Blaine Co.
- Blaine County Board of Commissioners Request for Proposals (RFP) from qualified individuals to develop a plan for Communities at Risk.
- Blaine County School District No. 61 request for sealed proposals for providing School Food Service Management Services in Carey, Bellevue, Hailey and Ketchum.
- City of Ketchum Ordinance No. 919 amending Ordinance 898 regarding language concerning vacated portion of certain streets.

- City of Ketchum Ordinance No. 920 changing the zoning classification for parcels of land within the city.
- City of Ketchum Ordinance No. 921 concerning granting franchises to operate taxicabs for hire in the city.
- Notice of Note Sale by Blaine County School District No., 61 of \$7,600,000, Revenue Anticipation Notes, Series 2003.
- Notice that Ketchum/Sun Valley Transit Authority (KART) is seeking public comment on their 2004 Section 5311 Grant request seeking administrative and operating assistance.
- Notice of regular meeting of Blaine County Commissioners Mon., Aug. 4 in the Old County Courthouse. At 1:30 consideration of Cobia Townhouse Subdivision application by Mary Ann and John C. Davidson; at 2:15 consideration on an application by Richard & Delores Gillespie to vacate interior lot lines and combine lots in Government Subdivision; at 3:00 consideration of an application by Loving Creek Ranch/Keith Jones for a stream alteration permit regarding property 5 mi. W of Picabo on Hwy 20.

BIPOLAR

Continued from page B1

Tim was elated at his acceptance by the University of Illinois, Champaign-Urbana, into the Computer Science program for the fall of 1995.

Tragedy first struck the Pollock family that year when Tim's brother, Josh, a senior at the University of Michigan preparing to graduate that December in Aerospace Engineer-

ing, was killed in an automobile accident at the age of 22.

"Tim thought Josh's death was what triggered his illness. He said he never felt quite the same after Josh's death," said Randy, referring to the fact that often an event or unusual stress may trigger the onset of the disease. "But I think it would eventually have started even if Josh had not died."

Tim continued at the University of Illinois after his brother's

death, and graduated in 2000 with a Bachelor of Science degree in Computer Science.

Immediately after graduation, Tim accepted a position with Motorola as a software engineer and moved to Huntsville, Ala., where he lived until just prior to his death. He loved his job with network communications processors, developing software applications using Linux and ATM (asynchronous

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BLAINE COUNTY RECREATION DISTRICT WOOD RIVER YOUTH BASEBALL AND SOFTBALL RAFFLE WINNERS

Grand Prize

Trip for 4 to Seattle to see the Seattle Mariners on August 15 and 16. The winner is Jennifer Haemmerle

1st place

Trip for 4 to Boise to see the Boise Hawks. The winner is Warren Mahr

2nd place

Ski Pass from Sun Valley Company. The winner is Gerry Boas

3rd Place

4 passes to Roaring Springs Water Park. The winner is Tim Prescott

4th place

Ski Pass from Sun Valley Company. The winner is Mike Edlund

The winner of the X-Box for the child selling the most tickets is Josh Haney, The 2nd place seller is Ashley Karst, 3rd place is Ryan Buell, and 4th place is Cooper Wolfley who all get gift certificates to Donnelley Sports.

A Special thanks to Valley Market and Albertsons for allowing us to sell tickets at their stores. We'd also like to thank Sun Valley Company, Roaring Springs, Marketron, Smith Sport Optics, and all of the volunteers and kids who helped sell tickets.

Picture This!

Reprints of photographs published in the Idaho Mountain Express taken by the newspaper's award-winning photographers are now available for purchase for personal use.

Great for scrapbooks and gifts!

Photos available are those published from January 2000 on.

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BIPOLAR

Continued from page B6

transfer mode) protocols used in broadband products. In addition, he was in the process of creating an independent software product with his former college classmates that allowed telephone conversations over the Internet.

"In retrospect, it turns out he had the perfect personality for the work he did," said his father, referring to the manic states of the disorder that in the early phases can result in an excessive workaholic work ethic and often brilliant programming of software applications.

Things were good. Tim enjoyed creating solutions for complex problems. He had a great mind for the field he chose, but as his mind underwent the ravages of the disease, he faced the possibility of being deprived of the ability to do what he loved.

The Struggle Begins

Tim, as is typical of the disease, was diagnosed in his early 20s. The disorder often starts unrecognized in the teen years as depression; the manic state usually manifests later as the sufferer enters the workforce and faces new, higher levels of stress. Cycling between the two states can prove devastating as the sufferer moves from the depths of depression to manic highs then back into the depression. The damage to the processes of the brain is evident on brain scans.

Despite his love of the job at Motorola, in states of severe depression Tim sometimes couldn't even leave the house, missing work for days, according to Sheila.

After one of these absences, his supervisor urged him to get help. Tim, who loved his job at Motorola, agreed.

"He gave Tim a list of names of people to see, and Tim made an appointment right away," said Sheila.

Tim's diagnosis was immediate, and he was hospitalized for treatment.

Although there is often a genetic predisposition to the disease, that's not always the case and cannot be relied upon for diagnosis.

"We had no idea," Sheila said of the diagnosis. "Usually, I guess, the family says, 'Oh! Just like Aunt Martha or Uncle So-And-So,' but we are not aware of anything like that in either of our families."

Bipolar disorder is not always hereditary, is not preventable and is not curable, according to the Web site of the NAMI (nami.org). Depending on where in the spectrum of severity the sufferer falls, treatment may also be difficult as it was in Tim's case.

Tim struggled with the medications, their side effects and severe bouts of depression until the time of his death.

"The thing that resulted in Tim's death was his illness," said his father. "There's no test to find out what (chemical) you're deficient in. The doctors have to experiment with different medications to find what works for each individual."

Even then, medications have to be constantly monitored and adjusted. The care and treatment is ongoing. Suicide attempts are higher in those who suffer from this illness.

The Last Battle

June 3 was not the first time

(EDITOR'S NOTE: The Pollock family's search for understanding has fueled a desire to inform others about bipolar disorder in the hopes other families may recognize the symptoms in their loved ones and seek treatment early. That desire has led them to open their hearts at this painful time to tell the story of their son, Tim. Their faith and friends are helping them through these difficult times. Tim was laid to rest June 10. This the first of a two-part series.)

RECOGNIZING BIPOLAR DISORDER

Signs that indicate bipolar disorder

According to the National Alliance of the Mentally Ill Web site, nami.org, signs of mania may include:

- Either an elated, happy mood or an irritable, angry, unpleasant mood
- Increased activity or energy
- More thoughts and faster thinking than normal
- Increased talking, more rapid speech than normal
- Ambitious, often grandiose, plans
- Increased sexual interest and activity
- Decreased sleep and decreased need for sleep

Depression is the other phase of bipolar disorder, according to NAMI. Its signs may include:

- Depressed or apathetic mood
- Decreased activity and energy
- Restlessness and irritability
- Fewer thoughts than usual and slowed thinking
- Less talking and slowed speech
- Less interest or participation in and less enjoyment of activities normally enjoyed
- Decreased sexual interest and activity
- Hopelessness and helpless feelings

- Feelings of guilt and worthlessness
- Pessimistic outlook
- Thoughts of suicide
- Change in appetite

Recognizing self-destructive behavior (From the Suicide Prevention Hotline)

- Is the person:
- Seriously depressed
 - Increasingly isolated
 - Giving away prized possessions
 - Doing poorly in school
 - Making statements about wanting to die
 - Acting in a violent fashion
 - Taking unnecessary risks
 - Threatening to commit suicide
 - Acting in a strange manner
 - Suddenly happy for no reason after a long depression
 - Abusing drugs or alcohol

One sign may not signal trouble. More than one sign often means some help is necessary.

Notice how long the signs have been present, how deeply the person feels about things going wrong in his/her life and how many signs are present at one time.

Call the Suicide Prevention Hotline at 800-564-2120 for advice and help.

Tim attempted suicide.

"This was the third time that we know of," said his mother, Sheila, who learned of one attempt during a mostly benign telephone conversation.

"We talked about how everything was going, just a normal conversation. Then, about 30 minutes into the conversation, Tim said he had done something stupid. He had taken all his Lithium (a common medication for the treatment of bipolar disorder). Randy immediately said to Tim, who was in Alabama at the time, 'Can you drive?' and Tim assured him that he was able to drive. Randy emphatically ordered Tim, 'Go to the hospital NOW! Are you sure you're OK to drive?' Tim said he was."

After calling the doctor to meet Tim at the hospital and some desperate moments when Tim did not arrive within the time expected for the drive, Randy and Sheila were notified he was there having his stomach pumped.

Tom Hanson of the Wood River Valley chapter of NAMI explains.

"It's hard to understand unless you've seen or experienced this depth of depression," said Hanson. "They (bipolar individuals) get into this depressed state and all they want is relief from their pain, thus the risk of suicide becomes greater the more they cycle and/or the deeper they fall into their depression."

As a family, the Pollocks decided the best place for Tim would be closer to home. Sheila

traveled to Alabama to help her son close up his house, which he had put on the market when he decided to move back to his hometown in the Wood River Valley.

"After church on a Sunday, we decided to stop and get some more flowers because he was trying to sell his house," said Sheila. "It was quite hot, so I asked Tim to set the flowers in the shade, and he complied, which was his normal personality. He was so compliant. Tim must have asked me a half dozen times if I needed anything from the store, and then said he was going out for a Mountain Dew, just as if everything was perfectly normal."

Later that day, Sheila got a call from the hospital that Tim had been admitted with another overdose of Lithium.

"He drove himself there," said Sheila.

"It's a chemical imbalance," explains Hanson. "They can't rationalize the positives: that they have a supportive family, a good job or other levels of success. Their mind is not processing correctly and all they see is this dark tunnel. Those other things do not play into their decision or thought process."

Even Tim's profound faith in God and the power of the Bible to transform lives could not break through during his states of depression, according to his mother. Tim was never angry or bitter, but rather sought to understand some meaning behind it all, she added. The illness destroyed his

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BIPOLAR

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ability to process or apply what he so sincerely believed.

Three weeks before his death, Tim drove from Alabama to Idaho with his mother in hopes that a season of rest would provide the stabilizing atmosphere he needed to recover and return to work. Many people who suffer from mental illness are able to do just that with the help of modern medications and good counseling therapy.

Why?

"Tim had good treatment," said Dr. Gerald Brooks, who took over Tim's case when he was in the Wood River Valley, a statement with which the Pollocks agree. "It's a chemical/physical disorder, not a psychological one. We don't fully understand the nervous system. We've learned so much, but still don't know a lot."

Long ago, it was understood that the symptoms were the result of a brain disease called "dementia praecox," or "dementia of the young," according to Dr. Brooks, who has a practice in Ketchum and discussed Tim's case with permission of the Pollock family.

"Then Freud came along," said Dr. Brooks. "The psychoanalysts following Freud blamed the parents, especially the mothers, for this illness. We know today that it is a brain disease."

It's not a disease entirely without hope and, normally, aggressive medication to counter the chemical imbalance and therapy education allows sufferers to lead productive lives.

Tim's ability to focus on his computer work or even read a book became difficult as his brain deteriorated. This was a growing source of frustration, since reading was an integral part of his job. An inability to focus on reading material is a common symptom of the disorder, but in many cases medication helps sufferers regain control.

Tim had a very serious manifestation of the disorder, according to Dr. Brooks, a form of the disease that eventually overwhelmed him and led him to take his own life.

"We took a drive to Stanley and had dinner Saturday. We went to a movie, 'Finding Nemo,' on Sunday and watched a DVD at home on Monday," said Sheila. "Tim was taking his medication. On Tuesday, the day he died, his glass was in the sink and his morning dose of medication was gone from the pillbox."

Tim died instantly of a self-inflicted gunshot wound, but as his friend, the Rev. Tim Baker, said at Tim's funeral, "The gun didn't kill Tim, his disease did." Tim fought his last battle with bipolar disorder; his family is still reconciling their loss. Family and friends miss the Tim they had always known: that infectious smile, his insatiable quest for knowledge and his tender soul.

The Pollocks have turned to their faith for comfort and understanding of this tragedy.

"Do we trust God or do we just say that we trust God?" asked Pastor Steve Matheson during the service.

Randy, Sheila and their surviving son, the Rev. Benjamin Pollock, truly trust God to help them through the difficult days ahead.

Next week Part II: Hope for others.

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WEED WARRIOR of the WEEK



Carl Manus

Carl lives in Hulen Meadows and has initiated his own noxious weed control efforts in his neighborhood and surrounding area. Thanks Carl for making our world a little nicer.

Create your own "Weed Free" zone,
call Blaine County Weed Control at 720-8774

Sponsored by: Blaine County Cooperative Weed Management Area and the Bureau of Land Management